II.   Setting up on macOS
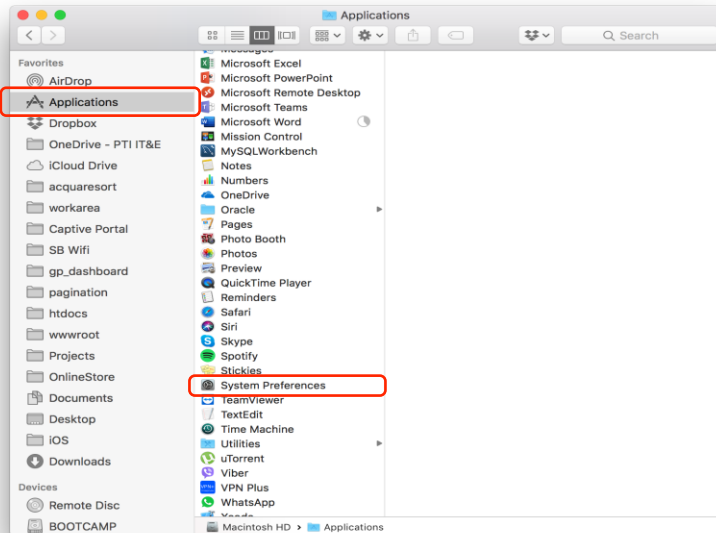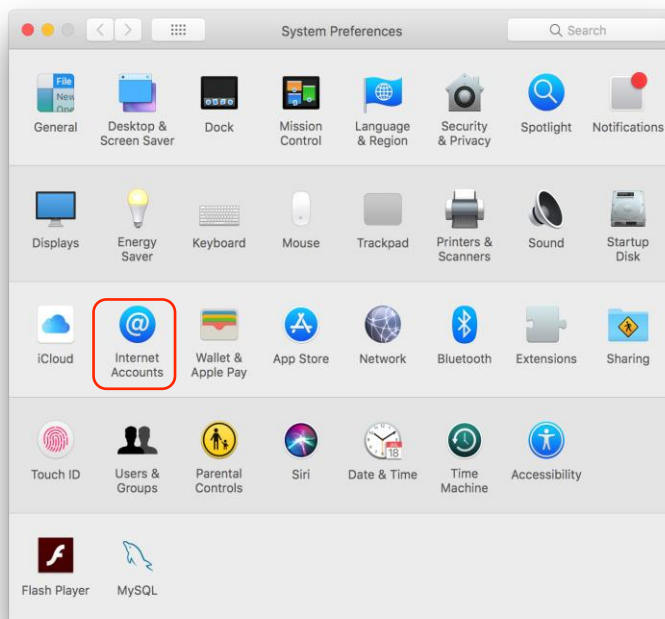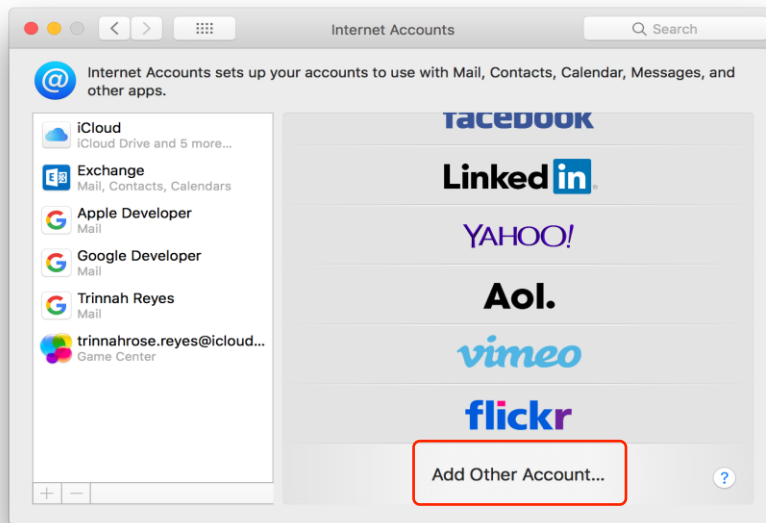
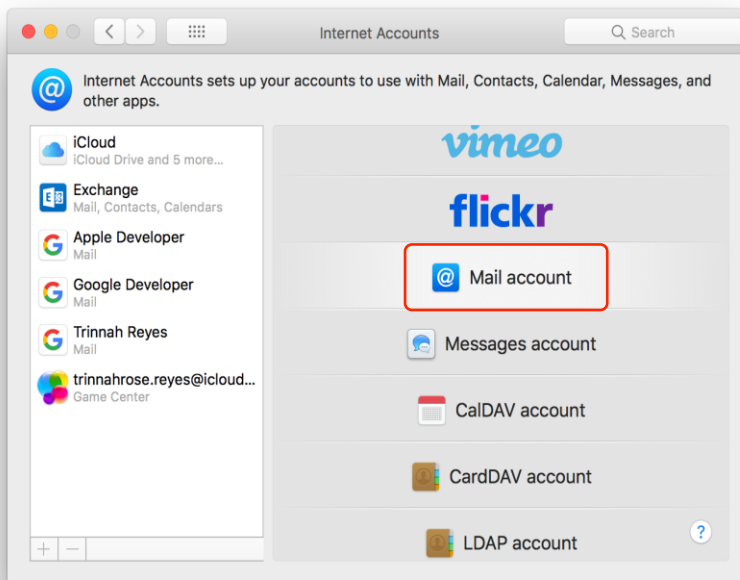On your Mac Desktop, Open the **Application** folder > **System Preference**

From the **System Preference >** click the **Internet & Accounts** Icon
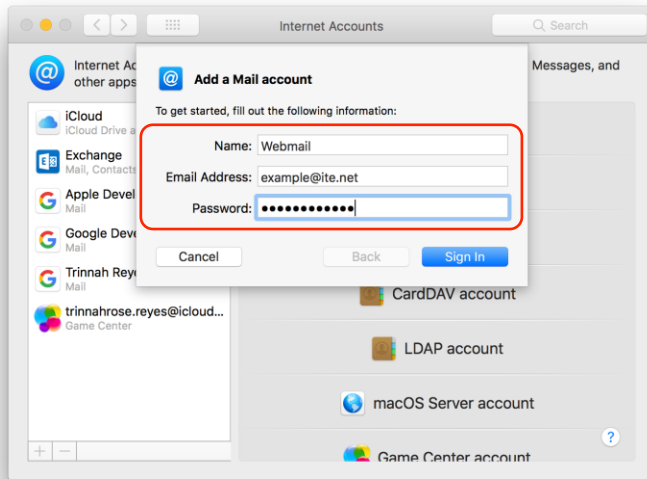
Scroll down all the way on the bottom and choose **"Add Other Account"**
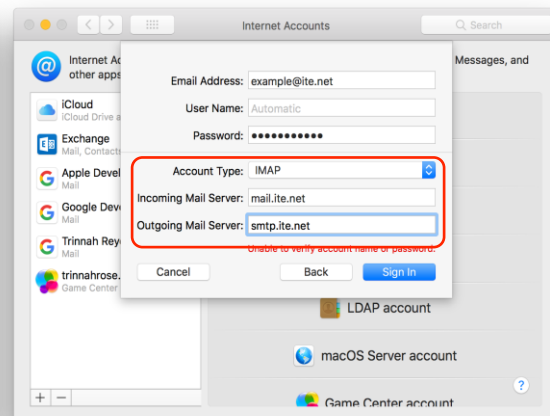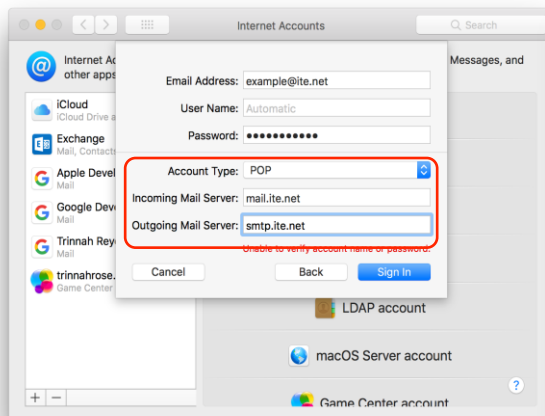

Choose **"Mail Account"**

Enter your **Email Address and Password**
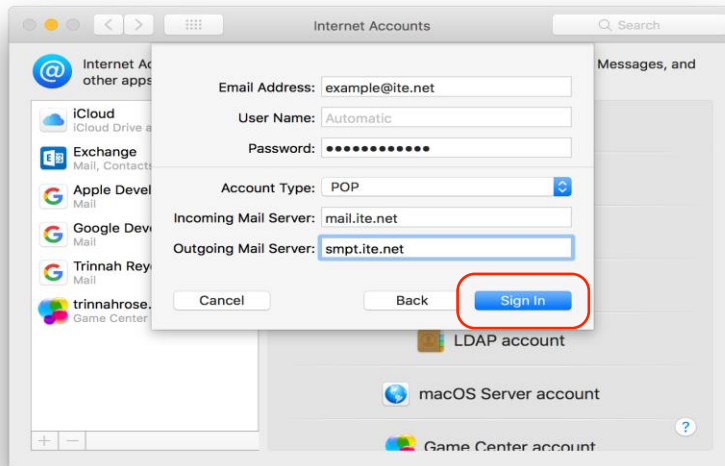

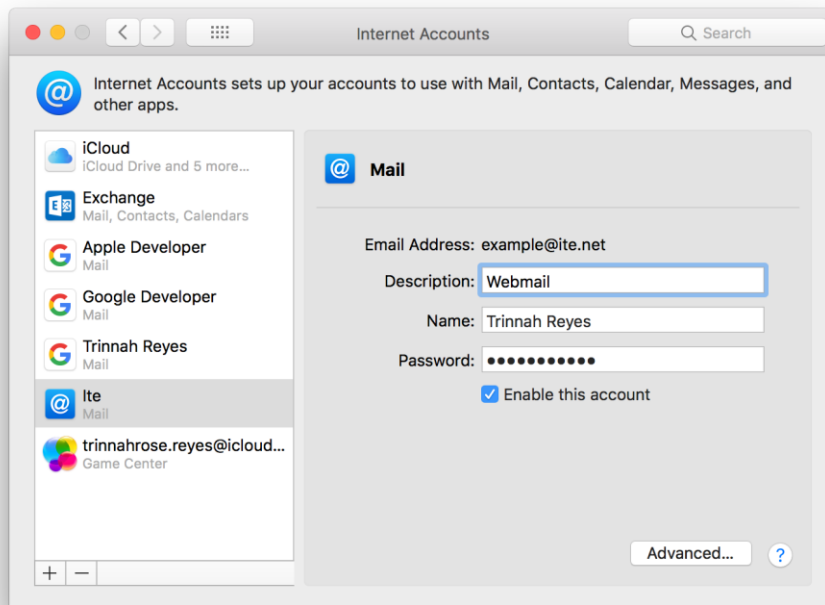You can choose either **POP or IMAP** from the dropdown:

- **Incoming Mail Server: mail.ite.net**
- **Outgoing Mail Server: smtp.ite.net**

Click **"Sign-in"** button to proceed.

You will be redirected to this screen once the setup is successful.

Open your **"Mail"** application to view all your emails